

WARWICK GATES FAMILY HEALTH CENTRE CARERS SUPPORT

If you are a Carer, please let us know We're here to support you!

If you:

- care for a family member and identify yourself as a main carer OR
- are someone who is cared for, then please let us know.

We will add 'Carer Status' to your medical records which will alert our Practice Team to enable us to properly support you when you attend appointments.

If you identify yourself as a carer, our staff will try to offer you:

- 1. Telephone appointments if caring responsibilities mean you cannot leave the person you care for at home or bring them with you to the surgery.
- 2. Support for the person you care for in the waiting room or a private area if you need to attend the surgery but would like more privacy.
- 3. Information about local carers support services who may be able to arrange transport and/or home services to help you leave home to attend surgery.
- 4. Telephone ordering for repeat prescriptions where appropriate.
- 5. An annual health check and a flu jab.
- 6. Information about your right to a Carers' Assessment of your own needs as a carer.

Caring for someone should not be at the expense of your own health and wellbeing.

Please tell us how your caring role is affecting you and if you have any support needs. Our staff are here to help